SPA TREATMENT MENU

CLASSIC MASSAGES

- Back, Neck & Shoulder Massage (30 min) R450
- Back, Neck & Shoulder Massage (45 min) R600
- Back, Neck & Shoulder Massage (60 min) R800
- Leg & Foot Massage (30 min) R450
- Scalp Massage (30 min) R400
- Aromatherapy Full Body Massage (60 min) R850
- Swedish Full Body Massage (60 min) R800
- Swedish Full Body Massage (90 min) R950
- Hot Stone Full Body Massage (60 min) R885
- Hot Stone Full Body Massage (90 min) R1050
- Deep Tissue Full Body Massage (60 min) R800
- Deep Tissue Full Body Massage (90 min) R950
- Pre-Natal Back, Neck & Shoulder Massage (30 min) R485
- Pre-Natal Full Body Massage (60 min) R850

ADD-ON’S

- Hot Stones R50
- Muscle Relief Gel R100
- Aromatherapy Oils R100

FACIAL COLLECTION

- Babor Hydra Boost Facial (30 min) R450
- SIX Energising Skin Treatment (30 min) R375
- SIX Double Exfoliating Skin Treatment (45 min) R525
- Babor Classic Skinovage Facial (60 min) R800
- SIX Rejuvenating Skin Treatment (60 min) R700
- Babor Age Control Facial (60 min) R800
- SIX Intelligent Skin Treatment (90 min) R950
- Babor HSR® Lifting Facial (90 min) R1200

MANICURES & PEDICURES

- Express Manicure (30 min) R275
- Express Pedicure (30 min) R300
- Classic Spa Manicure (60 min) R350
- Classic Spa Pedicure (60 min) R400
- Gel Manicure (75 min) R450
- Gel Pedicure (75 min) R550
- Medi Solutions Foot Peel Treatment (60 min) R550

ADD-ON’S

- Foot Peel R150
- Gel Application (each) R120
- Soak Off (each) R120

BODY EXPERIENCES

- Full Body Exfoliation (30min) R500
- Spalicious Detox/Anti Stress/Firming Body Cocoon (90min) R950
- Deluxe Body Treatment (90min) R1200

BODY EXPERIENCES

PACKAGES

- SERENITY COUPLES PACKAGE R2940 per couple
  Enjoy a light lunch to the value of R400 for two with a glass of sparkling wine each
  • 30 min Full Body Exfoliation
  • 60 min Swedish Full Body Massage

- ULTIMATE ROMANTIC PACKAGE R3650 per couple
  Enjoy a light lunch to the value of R400 for two with a glass of sparkling wine each
  • 30 mins Scalp Massage
  • 30 mins Pamper Foot Treatment (exfoliation & massage )
  • 60 mins Swedish Full Body Massage

- MEN’S EXECUTIVE PACKAGE R2050 per person
  Enjoy a light lunch to the value of R200 with a glass of sparkling wine
  • 60 min Deep Tissue Full Body Massage
  • 60 min Double Exfoliating Skin treatment
  • 60 min Pamper Foot Grooming

- SELF LOVE SPA PACKAGE R2250 per person
  Enjoy a light lunch to the value of R200 with a glass of sparkling wine
  • 90 min Anti Stress or Detox Body cocoon with exfoliation
  • 60 min Hotstone Full Body Massage
  • 30 min SIX Energising Skin Treatment

- MOUNT DELIGHT SPA PACKAGE R2275 per person
  Enjoy a light lunch to the value of R200 with a glass of sparkling wine
  • 60 min Aromatherapy massage
  • 60 min Babor Skin Specific Facial
  • 30 min Express Manicure
  • 30 min Express Pedicure

BOOKINGS & CANCELLATION POLICY

Pre-booking treatments is essential. Voucher details or full payment is required to secure your Spa booking. Resident guests please make changes or cancellations 12 hours prior to treatments and Day-visiters a 48 hour treatment change or cancellation notice period.

HOURS OF OPERATION

The Spa is open Sunday – Thursday from 09h00 - 17h00, Friday & Saturday 09h00 - 20h00

COMPLIMENTARY USE OF SPA FACILITIES:
Spa guests may make use of the Steam Room, Heated Outdoor Jacuzzi, Heated Floatation Pool, Infinity Pool and Reflexology Walkway.

CHILDREN POLICY:
No children under the age of 16 allowed at the spa pools or for treatments.

Mount Grace Hotel & Spa
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