

# SPA TREATMENT MENU

## CLASSIC MASSAGES

Back, Neck & Shoulder Massage (30 min)	R450
Back, Neck & Shoulder Massage (45 min)	R600
Back, Neck & Shoulder Massage (60 min)	R800
Leg & Foot Massage (30 min)	R450
Scalp Massage (30 min)	R400
Aromatherapy Full Body Massage (60 min)	R850
Aromatherapy Full Body Massage (90 min)	R995
Swedish Full Body Massage (60 min)	R800
Swedish Full Body Massage (90 min)	R950
Hot Stone Full Body Massage (60 min)	R885
Hot Stone Full Body Massage (90 min)	R1050
Deep Tissue Full Body Massage (60 min)	R800
Deep Tissue Full Body Massage (90 min)	R950
Pre-Natal Back, Neck & Shoulder Massage (30 min)	R485
Pre-Natal Full Body Massage (60 min)	R850

## ADD-ON'S

Hot Stones	R50
Muscle Relief Gel	R100
Aromatherapy Oils	R100

## FACIAL COLLECTION

Babor Hydra Boost Facial (30 min)	R450
SIX Energising Skin Treatment (30 min)	R375
SIX Double Exfoliating Skin Treatment (45 min)	R525
Babor Classic Skinovage Facial (60 min)	R800
SIX Rejuvenating Skin Treatment (60 min)	R700
Babor Age Control Facial (60 min)	R800
SIX Intelligent Skin Treatment (90 min)	R950
Babor HSR® Lifting Facial (90 min)	R1200

## MANICURES & PEDICURES

Express Manicure (30 min)	R275
Express Pedicure (30 min)	R300
Classic Spa Manicure (60 min)	R350
Classic Spa Pedicure (60 min)	R400
Gel Manicure (75 min)	R450
Gel Pedicure (75 min)	R550
Medi Solutions Foot Peel Treatment (60 min)	R550

## ADD-ON'S

Foot Peel	R150
Gel Application (each)	R120
Soak Off (each)	R120

## BODY EXPERIENCES

Full Body Exfoliation (30min)	R500
Spalicious Detox/Anti Stress/Firming Body Cocoon (90min)	R950
Deluxe Body Treatment (90min)	R1200
<i>(Full Body Exfoliation, Back Wrap and Back, Neck &amp; Shoulder Massage)</i>	

## PACKAGES

### SERENITY COUPLES PACKAGE R2940 per couple

Enjoy a light lunch to the value of R400 for two with a glass of sparkling wine each

- 30 min Full Body Exfoliation
- 60 min Swedish Full Body Massage

### ULTIMATE ROMANTIC PACKAGE R3650 per couple

Enjoy a light lunch to the value of R400 for two with a glass of sparkling wine each

- 30 mins Scalp Massage
- 30 mins Pamper Foot Treatment (exfoliation & massage)
- 60 mins Swedish Full Body Massage

### MEN'S EXECUTIVE PACKAGE R2050 per person

Enjoy a light lunch to the value of R200 with a glass of sparkling wine

- 60 min Deep Tissue Full Body Massage
- 60 min Double Exfoliating Skin treatment
- 60 min Pamper Foot Grooming

### SELF LOVE SPA PACKAGE R2250 per person

Enjoy a light lunch to the value of R200 with a glass of sparkling wine

- 90 min Anti Stress or Detox Body cocoon with exfoliation
- 60 min Hotstone Full Body Massage
- 30 min SIX Energising Skin Treatment

### MOUNT DELIGHT SPA PACKAGE R2275 per person

Enjoy a light lunch to the value of R200 with a glass of sparkling wine

- 60 min Aromatherapy massage
- 60 min Babor Skin Specific Facial
- 30 min Express Manicure
- 30 min Express Pedicure

#### BOOKINGS & CANCELLATION POLICY

Pre-booking treatments is essential. Voucher details or full payment is required to secure your Spa booking. Resident guests please make changes or cancellations 12 hours prior to treatments and Day-visitors a 48 hour treatment change or cancellation notice period.

#### HOURS OF OPERATION

The Spa is open Sunday – Thursday from 09h00 - 17h00, Friday & Saturday 09h00 - 20h00

#### COMPLIMENTARY USE OF SPA FACILITIES

Spa guests may make use of the Steam Room, Heated Outdoor Jacuzzi, Heated Floatation Pool, Infinity Pool and Reflexology Walkway.

#### CHILDREN POLICY

No children under the age of 16 allowed at the spa pools or for treatments.