

MOUNT GRACE

S P A



CAFÉ LUNCH MENU

CHICKPEA & CUCUMBER SALAD | 70

Chickpea, tomato, cucumber, mint with creamy ranch dressing

CHICKEN CAESAR SALAD | 90

Romaine lettuce, caesar dressing, chicken breast, croutons with parmigiano and egg

OPEN SANDWICH

On a savory scone or health bread

Pastrami, cheese and onion marmalade | 75

Smoked salmon and chunky dill cream cheese | 95

PITA POCKETS | 80

Lemon peppered tuna mayo salad

or

Cajun spiced chicken, tomato, onion and avocado

COUNTRY SIDE CHEESEBOARD | 120

Selection of local cheeses, dried fruit, crackers and preserves

DRY SNACK PLATTER | 195

Biltong, dry wors, roasted nuts and crisp

TRIO OF QUICHE | 75

Farmhouse quiche of the day served with a side salad

DESSERTS

FRUIT KEBABS | 65

Seasonal fresh fruit, honey, mango and coconut dip

CAKE OF THE DAY | 95

Please ask your server

SCONES | 65

Butter scones, cream, homemade preserves

All prices are in ZAR and include VAT.

(S) Shellfish | (P) Pork | (PN) Peanuts | (TN) Tree Nuts | (V) Suitable for Vegetarians

Please note that while every effort is made to use fresh ingredients in the preparation of food and beverages served on these premises, food and beverages including dairy products, ice cream, frozen dessert, proprietary sauces, juices, preserved meats, served may contain permitted artificial colourants, flavourants and preservatives, in addition, certain foodstuffs have been packaged and prepared on premises in which nuts may be present. Non-Halal and Non-Kosher foods are prepared and served on the premises.

HOT BEVERAGES

TEA | 20

Rooibos or Ceylon

SPECIALITY TEAS | 20

Green, rooibos & chamomile, lemon, earl grey and english breakfast

DECAF COFFEE | 30

De-caffeinated granulated coffee topped with hot water

ESPRESSO SINGLE | 30

Short fragrant coffee with a thick golden crème

ESPRESSO DOUBLE | 34

Short fragrant coffee with a thick golden crème

CAPPUCCINO | 34

A creamy, velvety blend of milk and coffee

MACCHIATO | 36

Single espresso with a marking of milk foam

AMERICANO | 30

Espresso topped with hot water

CAFFE LATTE | 34

Steamed milk with a layer of espresso, capped with milk foam

HOT CHOCOLATE | 36

Hot chocolate with steamed milk

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