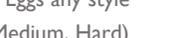


À LA CARTE HOT BREAKFAST SELECTION

- Egg Florentine**  110
English muffin, Poached egg, Spinach, Hollandaise
- Egg Benedict**  160
English muffin, Poached egg, Wild rocket, Parma ham, Hollandaise
- South African Benedict**  150
English muffin, Poached egg, Chakalaka style baked beans, Boerewors, Hollandaise
- Smoked Salmon Benedict**  190
Whole wheat toast, Poached egg, Cream cheese, Rocket, Smoked salmon, Hollandaise
- Sunrise Breakfast**  160
Choice of Sausage (beef, pork, lamb), Bacon, Hash brown, Parmesan Gratinated tomato, Sautéed mushroom, 2 Eggs any style
Poached Egg (Soft, Medium, Hard)
Scrambled Egg (Soft, Medium, Hard)
Boiled Egg (Soft, Medium, Hard)
Fried Egg (Sunny Side, Easy Over, Hard Over)
- Early Morning Omelette**  160
3 Egg Fluffy Omelette with (White or Brown Toast, Selection of Local Preserves)
Choose from below to tailor make your omelette: (Egg white omelettes available on request) Ham, Tomato, Mushroom, Bacon, Onion, Cheese
- Healthy Breakfast**  135
Natural seasonal fruit salad, low fat yoghurt, health bran muffin, margarine, poached eggs, health bread, Caprese salad
- South African Scramble Egg Wrap**  140
Scrambled egg, beef mince mixed with baked beans, roasted tomato, mushrooms, corn tortilla
- Vegan Breakfast**  115
Hash brown, grilled tomato, sautéed mushrooms, baked bean and chickpea casserole, sautéed spinach
- Warm Pancakes**  110
Pancakes, cream cheese, grilled banana, mixed berries, honey, powdered sugar
- Waffles**  120
Freshly baked waffles, Chantilly cream, maple syrup, mixed berries

BREAKFAST

All à la carte items include a variety of toast, jams & preserves.

- French Toast**  110
Egg Soaked and fried bread, cinnamon sugar, maple syrup, cream grilled banana, mixed berries, honey, and powdered sugar
- Traditional Rolled Oats**  55
Made with your choice of water, low fat milk or full cream milk

CONTINENTAL BREAKFAST SELECTION 240

Yoghurts

Artisan flavoured pots, low fat or Bulgarian

Cheese Plate

A selection of four local cheese, mature cheddar, blue rock, Camembert, Brie cheese, dried fruit, nuts and crackers

Fruit Plate

Three types of sliced seasonal fruit served with ginger and passion fruit syrup

Cereal, Muesli or Porridge

All bran, corn flake, warm oatmeal porridge, Bircher or toasted muesli
Full cream, low fat, skimmed, soya milk, served hot or cold

Bakers Basket

Croissants, two types of Danishes, blue berry or health muffins, home crafted preserves, salted butter or margarine

Charcuterie

Selection of smoked and cured meats, smoked chicken, beef pastrami, Parma ham, salami, relish and mustard

Smoked Salmon Plate

Smoked salmon, grilled lime, capers, pickled red onion

Breads

White, brown, gluten free, rye, whole wheat toast and banquette served with salted butter or margarine and Local preserves

QUILLS FULL BREAKFAST 265

Any one hot breakfast along with your choice from the abundance of products from the Continental selection.



Bills are presented to all guests. Should your room package include breakfast, please simply record your name and room number and this will not be charged to your room. A bed & breakfast package includes the Quills Full Breakfast offering. All prices are in ZAR and include VAT. Service charge is not included