

# Arabella

SPA



## signature treatments price list

"You cannot pour from an empty cup. Take care of yourself first."

### African Rainforest

120mins | R2300

The African Rainforest experience offers 120 minutes of pampering, comprising of therapeutic showers, scrubs, steam treatments and local fragrances. The experience consists of a 13-step programme of various treatments which are designed to help blood flow and improve circulation leading to tranquility, peace, relaxation, improved immunity and balancing. This energizing treatment leaves your body soft and feeling smooth as silk.

### Moroccan Hammam

60mins | R2700

This amazing experience commences in our steamroom followed by an ancient cleansing ritual which includes an invigorating full body exfoliation using our Moroccan black soap made from pure olives as well as a head and scalp treatment. This treatment finishes off in our Application Room, where you can replenish your skin with body butter.

### African Rainforest & Hammam

150mins | R4500

This unique experience combines all the benefits of our African Rainforest and Hammam. If you are looking for a truly unique sensory water experience that goes back to ancient Roman, Turkish and Moroccan times, then this is the experience and treatment you will love and never forget.

For the ultimate Spa experience and indulgence, combine any of the treatments above with one of our massages.

## Hours of operation

The Spa is open 7 days a week. Sunday to Thursday: 08h00 to 17h00 | Friday to Saturday: 08h00 to 20h00

## Vouchers

Vouchers can be purchased at the Hotel Reception or online.

## Packages for groups

Enquire directly with Reservations.

## Bookings & cancellation policy

Pre-booking treatments is essential. Voucher details or full payment is required to secure your Spa booking. Resident guests, please make changes 12 hours prior to treatments and day visitors a 48-hour treatment change or cancellation notice period is required. Group cancellations must give a minimum of 72 hours' notice prior to scheduled booking. Treatments cancelled after this time will incur a cancellation tariff of 100%.

## Children policy

No children under the age of 16 allowed at the Spa Hydrotherapy Pool area.